



Coaching and Mentoring.

Level 5 Certificate in Coaching and Mentoring (RQF)







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Distance Learning.

Our coaching courses are distance learning, led through our online learning platform. This allows you the freedom to work at a pace that suits you from a location of your choosing.

Our online learning platform is available 24 hours a day, 7 days a week. The course has been developed by our teachers and provides a range of reading materials which are designed to help you achieve your qualification and extend your skills.

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Regulated Qualifications.

The Level 5 Certificate in Coaching and Mentoring (RQF) is a nationally recognised, regulated qualification awarded by Training Qualifications UK - an OFQUAL regulated awarding organisation.

Our courses are rigorously quality assured to ensure that the highest standards are maintained for all of our learners.







Course Content.

The Level 5 Certificate in Coaching and Mentoring (RQF) is a recognised qualification undertaken by those looking to extend their management skills or perform a coaching and mentoring role in a teaching environment.

This qualification is made up of the following units:

1. Preparing for the coaching role (J/616/0913)
2. Preparing for the mentoring role (L/616/0914)
3. Coaching and mentoring (Y/616/0916)

We expect you to spend approximately 130 hours on completion of this qualification.



Unit 1 Overview.

This introductory unit includes content which will enable you to:

- Understand own role and responsibilities in relation to coaching
- Understand the skills required of a coach
- Understand the use of coaching in a specific context
- Understand how to identify client goals and outcomes



Unit 2 Overview.

This unit includes content which will enable you to:

- Understand own role and responsibilities in relation to mentoring
- Understand the skills required of a mentor
- Understand the use of mentoring in a specific context
- Understand how to identify client goals and outcomes



Unit 3 Overview.

This unit includes content which will enable you to:

- Understand the principles of coaching and mentoring
- Understand the impact of coaching on individual, team and organisational performance
- Be able to plan a coaching or mentoring programme
- Be able to deliver a coaching or mentoring programme
- Be able to evaluate own coaching or mentoring practice









Assessment.

- To gain the level 5 Certificate in Coaching and Mentoring you will need to submit evidence that you have conducted coaching and mentoring interventions with your staff or learners.
- The assessment evidence you provide must come from a real coaching or mentoring situation and simulation is not allowed for any part of unit 2 or 3 in this course.
- We ask you to provide another experienced coach or mentor to act as an expert witness and confirm that you have coached or mentored the learners in a fair and consistent manner.
- The qualification will also be assessed through a number of research based assignments where you will combine theory and practice to demonstrate your knowledge.



Course Feedback.

"Excellent course, assignments graded really quickly with good feedback. Help from tutors whenever you need it and support throughout."

- Michelle Phillips ★★★★★

"Brilliant course, very easy to follow. The practical training was delivered in a very enjoyable way, not once did I look at the time."

- Janet Pike ★★★★★

"Everything I needed to complete the Level 3 Award in Education and Training was provided by CTC Training and Development in a smart package of training and assessment. Although I didn't use it, there was access to my tutor with various contact methods available. The presentation material was up-to-date and enjoyable to use, there was plenty of guidance for further reading which pointed me in the right direction for researching topics. Submitted assignments were graded quickly with good feedback. Overall, I was very happy with the course and would gladly use CTC again."

- Jim Lucus ★★★★★

"I completed the Level 3 Award in Education and Training online, the information provided by CTC for the qualification was excellent, the portal was easy to navigate and to upload your assignments. The knowledge of Chris and Craig was first class and they were always accessible to provide guidance and help when needed, with quick feedback on your assignments. I would have no hesitation in recommending CTC to others, and if you want to achieve your level 3 Award in Education and Training CTC Training is the place to go."

- John Casey ★★★★★



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Our Process.

1

View our online courses.



Call us for assistance if you're unsure what's right for you.

2

Select your course.



You can do this online and pay in part or full.

5

Dive into the course.



Write assignments and gather evidence (depending on your course requirements).

6

Support from your tutor.



You'll have a dedicated tutor who will always be available to chat and support you in your learning.

3

Get your account.

Once signed up, you'll get login details to access your course online.

4

Book an induction.

Book your induction through your tutor's diary - we'll send a link.

7

Assignment marking.

Get feedback from your tutor. If you don't pass first time, you can resubmit (it doesn't cost any extra).

8

Congratulations!

Once you complete the course in full, you'll be issued a regulated certificate!



Contact Us.

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